

4° journée A district LNL
Crisnée, 30.11.2014

Epreuve 1
30/11/2014 - 14:00

Filles, 400m Libre

10 ans
Liste résultats

Points: FINA 2010

Rang	AN				Temps				Pts		
1.	Mayeres Nell				04	Nautic Club Herve				5:48.99	305
	50m:	38.59	38.59	150m:	250m:	350m:	400m:	5:48.99			
	100m:	1:22.19	43.60	200m:	300m:						
2.	Nasr Sara				04	Liège Natation				6:37.71	206
	50m:	44.54	44.54	150m:	250m:	350m:	400m:	6:37.71			
	100m:	1:32.98	48.44	200m:	300m:						
3.	Lavet Mélusine				04	Nautic Club Herve				6:38.16	205
	50m:	44.08	44.08	150m:	250m:	350m:	400m:	6:38.16			
	100m:	1:34.57	50.49	200m:	300m:						
4.	Piret Armelle				04	Val De Mehaigne Natation				6:42.63	198
	50m:	46.00	46.00	150m:	250m:	350m:	400m:	6:42.63			
	100m:	1:37.39	51.39	200m:	300m:						
5.	Wastiau Louise				04	Val De Mehaigne Natation				6:56.49	179
	50m:	47.09	47.09	150m:	250m:	350m:	400m:	6:56.49			
	100m:	1:39.02	51.93	200m:	300m:						
6.	Lallemand Léa				04	Val De Mehaigne Natation				7:11.72	161
	50m:	47.24	47.24	150m:	250m:	350m:	400m:	7:11.72			
	100m:	1:41.55	54.31	200m:	300m:						
7.	Pire Lara				04	Val De Mehaigne Natation				7:57.64	118
	50m:	49.97	49.97	150m:	250m:	350m:	400m:	7:57.64			
	100m:	1:48.71	58.74	200m:	300m:						

Epreuve 2
30/11/2014 - 14:15

Dames, 1500m Libre

13 ans et plus
Liste résultats

Points: FINA 2010

Rang	AN				Temps				Pts			
13 ans												
1.	VILZ Adriana				01	Schwimmschule St.Vith				20:27.83	432	
	100m:	1:16.43	1:16.43	500m:	6:46.29	1:22.56	900m:	12:18.03	1:23.00	1300m:	17:48.24	1:23.10
	200m:	2:37.79	1:21.36	600m:	8:09.76	1:23.47	1000m:	13:40.44	1:22.41	1400m:	19:09.36	1:21.12
	300m:	3:59.89	1:22.10	700m:	9:33.10	1:23.34	1100m:	15:02.46	1:22.02	1500m:	20:27.83	1:18.47
	400m:	5:23.73	1:23.84	800m:	10:55.03	1:21.93	1200m:	16:25.14	1:22.68			
14 ans												
1.	Dumont Valentine				00	Noc				17:18.28	715	
	100m:	1:06.05	1:06.05	500m:	5:44.38	1:09.79	900m:	10:23.64	1:10.17	1300m:	15:02.40	1:09.48
	200m:	2:15.03	1:08.98	600m:	6:53.92	1:09.54	1000m:	11:33.33	1:09.69	1400m:	16:11.62	1:09.22
	300m:	3:24.91	1:09.88	700m:	8:03.96	1:10.04	1100m:	12:43.15	1:09.82	1500m:	17:18.28	1:06.66
	400m:	4:34.59	1:09.68	800m:	9:13.47	1:09.51	1200m:	13:52.92	1:09.77			
15 ans												
1.	Dawans Axelle				99	Pôle Swimming Liège				17:18.00	716	
	100m:	1:05.68	1:05.68	500m:	5:43.56	1:10.30	900m:	10:23.54	1:10.14	1300m:	15:02.39	1:09.59
	200m:	2:13.95	1:08.27	600m:	6:53.53	1:09.97	1000m:	11:33.23	1:09.69	1400m:	16:11.66	1:09.27
	300m:	3:23.51	1:09.56	700m:	8:03.81	1:10.28	1100m:	12:43.10	1:09.87	1500m:	17:18.00	1:06.34
	400m:	4:33.26	1:09.75	800m:	9:13.40	1:09.59	1200m:	13:52.80	1:09.70			
2.	Jungling Florence				99	Pôle Swimming Liège				18:14.12	611	
	100m:	1:06.05	1:06.05	500m:	5:54.36	1:13.67	900m:	10:49.65	1:14.05	1300m:	15:47.73	1:15.40
	200m:	2:16.35	1:10.30	600m:	7:07.55	1:13.19	1000m:	12:03.76	1:14.11	1400m:	17:02.49	1:14.76
	300m:	3:27.92	1:11.57	700m:	8:21.34	1:13.79	1100m:	13:18.14	1:14.38	1500m:	18:14.12	1:11.63
	400m:	4:40.69	1:12.77	800m:	9:35.60	1:14.26	1200m:	14:32.33	1:14.19			

4° journée A district LNL
Crisnée, 30.11.2014

Epreuve 2, Dames, 1500m Libre

16 ans

1. Gillet Victoria			98	Pôle Swimming Liège		19:02.62	536
100m: 1:13.56	1:13.56	500m: 6:25.00	1:18.08	900m: 11:25.51	1:16.10	1300m: 16:31.40	1:16.12
200m:		600m: 7:38.61	1:13.61	1000m: 12:42.19	1:16.68	1400m: 17:47.29	1:15.89
300m: 3:48.65		700m: 8:53.58	1:14.97	1100m: 13:58.94	1:16.75	1500m: 19:02.62	1:15.33
400m: 5:06.92	1:18.27	800m: 10:09.41	1:15.83	1200m: 15:15.28	1:16.34		

19 ans et plus

1. Piron Eloise			94	Esn		19:18.11	515
100m: 1:13.33	1:13.33	500m: 6:25.00	1:17.82	900m: 11:35.07	1:17.58	1300m: 16:45.39	1:17.47
200m: 2:31.27	1:17.94	600m: 7:41.60	1:16.60	1000m: 12:52.81	1:17.74	1400m: 18:03.40	1:18.01
300m: 3:49.27	1:18.00	700m: 8:59.63	1:18.03	1100m: 14:10.16	1:17.35	1500m: 19:18.11	1:14.71
400m: 5:07.18	1:17.91	800m: 10:17.49	1:17.86	1200m: 15:27.92	1:17.76		

Epreuve 3

30/11/2014 - 15:00

Messieurs, 400m 4 nages

13 ans et plus

Liste résultats

Points: FINA 2010

Rang			AN			Temps	Pts
13 ans							
1.	Defraigne Quentin		01	Esn		5:51.15	308
	50m: 36.83	36.83	150m:	250m:	350m:		
	100m: 1:21.19	44.36	200m:	300m:	400m: 5:51.15		
14 ans							
1.	Henveaux Lucas		00	Pôle Swimming Liège		5:10.66	445
	50m: 34.05	34.05	150m:	250m:	350m:		
	100m: 1:12.81	38.76	200m:	300m:	400m: 5:10.66		
2.	Lourtie Antoine		00	Ch.Th.N.		5:20.63	405
	50m: 34.46	34.46	150m:	250m:	350m:		
	100m: 1:15.94	41.48	200m:	300m:	400m: 5:20.63		
3.	Chevalier Benoit		00	Ch.Th.N.		5:24.70	390
	50m: 37.69	37.69	150m:	250m:	350m:		
	100m: 1:21.28	43.59	200m:	300m:	400m: 5:24.70		
4.	Englebort Antoine		00	Pôle Swimming Liège		5:30.93	368
	50m: 34.41	34.41	150m:	250m:	350m:		
	100m: 1:16.67	42.26	200m:	300m:	400m: 5:30.93		
5.	Toussaint Bertrand		00	Noc		5:48.86	314
	50m: 34.53	34.53	150m:	250m:	350m:		
	100m: 1:15.46	40.93	200m:	300m:	400m: 5:48.86		
disq.	Marot Louis		00	Huy		5:50.73	
	<i>SW 7.6 - Arrivée ou virage à 1 main ou non simultanément des 2 mains</i>						
	50m: 38.38	38.38	150m:	250m:	350m:		
	100m: 1:24.38	46.00	200m:	300m:	400m: 5:50.73		

15 ans

1. Scapin Nicolas			99	Nautic Club Herve		5:00.58	491
50m: 30.83	30.83	150m:	250m:	350m:			
100m: 1:06.76	35.93	200m:	300m:	400m: 5:00.58			

4° journée A district LNL
Crisnée, 30.11.2014

Epreuve 3, Messieurs, 400m 4 nages

17 - 18 ans

1. Soret Lucas	97	Pôle Swimming Liège	4:49.27	551
50m: 29.11 29.11	150m:	250m:	350m:	
100m: 1:02.98 33.87	200m:	300m:	400m: 4:49.27	
2. Dawans Audric	97	Pôle Swimming Liège	4:55.63	516
50m: 30.41 30.41	150m:	250m:	350m:	
100m: 1:06.73 36.32	200m:	300m:	400m: 4:55.63	
3. Marot Joseph	96	Huy	5:06.14	465
50m: 30.97 30.97	150m:	250m:	350m:	
100m: 1:09.49 38.52	200m:	300m:	400m: 5:06.14	
4. Marot Emile	97	Huy	5:24.33	391
50m: 34.42 34.42	150m:	250m:	350m:	
100m: 1:16.12 41.70	200m:	300m:	400m: 5:24.33	

Epreuve 4
30/11/2014 - 15:45

Messieurs, 800m Libre

11 ans et plus
Liste résultats

Points: FINA 2010

Rang	AN		Temps				Pts
11 ans							
1. COHNEN Levy	03	Schwimmschule St.Vith	10:21.79				362
100m: 1:12.27 1:12.27	300m: 3:49.83 1:19.30	500m: 6:29.23 1:20.02	700m: 9:06.83 1:18.48				
200m: 2:30.53 1:18.26	400m: 5:09.21 1:19.38	600m: 7:48.35 1:19.12	800m: 10:21.79 1:14.96				
2. Borsu Théo	03	Val De Mehaigne Natation	11:05.55				295
100m: 1:17.29 1:17.29	300m: 4:04.82 1:24.04	500m: 6:54.45 1:25.16	700m: 9:45.75 1:24.94				
200m: 2:40.78 1:23.49	400m: 5:29.29 1:24.47	600m: 8:20.81 1:26.36	800m: 11:05.55 1:19.80				
3. Leroy Guillaume	03	Noc	11:33.72				261
100m: 1:22.31 1:22.31	300m: 4:19.00 1:29.03	500m: 7:14.97 1:28.57	700m: 10:11.17 1:26.94				
200m: 2:49.97 1:27.66	400m: 5:46.40 1:27.40	600m: 8:44.23 1:29.26	800m: 11:33.72 1:22.55				
4. Garraux Aloys	03	Esn	12:16.12				218
100m: 1:30.36 1:30.36	300m: 4:38.96 1:34.48	500m: 7:45.96 1:33.20	700m: 10:49.61 1:31.10				
200m: 3:04.48 1:34.12	400m: 6:12.76 1:33.80	600m: 9:18.51 1:32.55	800m: 12:16.12 1:26.51				
5. Jurdan Pierre	03	Esn	12:24.41				211
100m: 1:30.70 1:30.70	300m: 4:40.74 1:35.64	500m: 7:49.17 1:33.52	700m: 10:54.83 1:32.61				
200m: 3:05.10 1:34.40	400m: 6:15.65 1:34.91	600m: 9:22.22 1:33.05	800m: 12:24.41 1:29.58				
12 ans							
1. Scalais Martin	02	Pôle Swimming Liège	10:06.25				391
100m: 1:11.28 1:11.28	300m: 3:42.50 1:15.69	500m: 6:16.35 1:16.59	700m: 8:51.40 1:18.25				
200m: 2:26.81 1:15.53	400m: 4:59.76 1:17.26	600m: 7:33.15 1:16.80	800m: 10:06.25 1:14.85				
2. Lourtie Hugo	02	Ch.Th.N.	10:16.60				371
100m: 1:13.46 1:13.46	300m: 3:45.39 1:16.34	500m: 6:20.40 1:18.33	700m: 9:00.04 1:19.93				
200m: 2:29.05 1:15.59	400m: 5:02.07 1:16.68	600m: 7:40.11 1:19.71	800m: 10:16.60 1:16.56				
13 ans							
1. Gregoire Loris	01	Pôle Swimming Liège	10:10.89				382
100m: 1:08.90 1:08.90	300m: 3:42.65 1:18.67	500m: 6:20.50 1:17.80	700m: 8:56.52 1:17.55				
200m: 2:23.98 1:15.08	400m: 5:02.70 1:20.05	600m: 7:38.97 1:18.47	800m: 10:10.89 1:14.37				

4° journée A district LNL
Crisnée, 30.11.2014

Epreuve 4, Messieurs, 800m Libre

14 ans

1.	Henveaux Lucas	00	Pôle Swimming Liège	9:13.60	513
	100m: 1:05.03 1:05.03	300m: 3:26.76 1:10.63	500m: 5:46.69 1:09.08	700m: 8:05.30 1:09.37	
	200m: 2:16.13 1:11.10	400m: 4:37.61 1:10.85	600m: 6:55.93 1:09.24	800m: 9:13.60 1:08.30	
2.	Acolatse Guillaume	00	Pôle Swimming Liège	9:16.84	504
	100m: 1:02.38 1:02.38	300m: 3:20.81 1:09.71	500m: 5:42.88 1:11.11	700m: 8:05.75 1:11.05	
	200m: 2:11.10 1:08.72	400m: 4:31.77 1:10.96	600m: 6:54.70 1:11.82	800m: 9:16.84 1:11.09	
3.	Chevalier Benoit	00	Ch.Th.N.	9:47.85	429
	100m: 1:12.19 1:12.19	300m: 3:39.55 1:13.99	500m: 6:09.54 1:15.16	700m: 8:37.32 1:13.36	
	200m: 2:25.56 1:13.37	400m: 4:54.38 1:14.83	600m: 7:23.96 1:14.42	800m: 9:47.85 1:10.53	
4.	Englebort Antoine	00	Pôle Swimming Liège	9:50.48	423
	100m: 1:09.12 1:09.12	300m: 3:37.67 1:14.08	500m: 6:05.34 1:13.80	700m: 8:36.81 1:16.86	
	200m: 2:23.59 1:14.47	400m: 4:51.54 1:13.87	600m: 7:19.95 1:14.61	800m: 9:50.48 1:13.67	
5.	Lourtie Antoine	00	Ch.Th.N.	9:56.95	409
	100m: 1:10.73 1:10.73	300m: 3:40.44 1:14.06	500m: 6:12.51 1:16.50	700m: 8:44.58 1:16.21	
	200m: 2:26.38 1:15.65	400m: 4:56.01 1:15.57	600m: 7:28.37 1:15.86	800m: 9:56.95 1:12.37	

15 ans

1.	Vielvoye Martin	99	Dwst	9:39.95	446
	100m: 1:09.55 1:09.55	300m: 3:35.49 1:12.72	500m: 6:01.65 1:13.35	700m: 8:27.55 1:12.71	
	200m: 2:22.77 1:13.22	400m: 4:48.30 1:12.81	600m: 7:14.84 1:13.19	800m: 9:39.95 1:12.40	
2.	Servais Sacha	99	Huy	11:56.21	237
	100m: 1:19.34 1:19.34	300m: 4:17.67 1:29.62	500m: 7:21.92 1:32.31	700m: 10:29.10 1:34.56	
	200m: 2:48.05 1:28.71	400m: 5:49.61 1:31.94	600m: 8:54.54 1:32.62	800m: 11:56.21 1:27.11	

17 - 18 ans

1.	Soret Lucas	97	Pôle Swimming Liège	8:45.29	601
	100m: 1:00.42 1:00.42	300m: 3:12.07 1:06.25	500m: 5:24.42 1:06.04	700m: 7:39.69 1:07.84	
	200m: 2:05.82 1:05.40	400m: 4:18.38 1:06.31	600m: 6:31.85 1:07.43	800m: 8:45.29 1:05.60	
2.	Dawans Audric	97	Pôle Swimming Liège	9:13.77	513
	100m: 1:06.70 1:06.70	300m: 3:28.53 1:10.48	500m: 5:48.92 1:09.66	700m: 8:08.08 1:09.28	
	200m: 2:18.05 1:11.35	400m: 4:39.26 1:10.73	600m: 6:58.80 1:09.88	800m: 9:13.77 1:05.69	
3.	Servais Noah	97	Huy	9:18.85	499
	100m: 1:04.25 1:04.25	300m: 3:25.16 1:10.95	500m: 5:47.52 1:10.84	700m: 8:10.73 1:11.68	
	200m: 2:14.21 1:09.96	400m: 4:36.68 1:11.52	600m: 6:59.05 1:11.53	800m: 9:18.85 1:08.12	

Epreuve 5
30/11/2014 - 16:30

Dames, 400m Libre

11 ans et plus
Liste résultats

Points: FINA 2010

Rang		AN		Temps	Pts
11 ans					
1.	Garcia Zamora Ilona	03	Ch.Th.N.	4:50.75	527
	50m: 33.32 33.32	150m:	250m:	350m:	
	100m: 1:09.82 36.50	200m: 2:24.63	300m: 3:38.36	400m: 4:50.75	
2.	LEGROS FANNY	03	Vn	4:55.85	500
	50m: 33.73 33.73	150m:	250m:	350m:	
	100m: 1:10.35 36.62	200m: 2:26.29	300m: 3:41.46	400m: 4:55.85	
3.	Cremers Charlotte	03	Noc	5:25.21	376
	50m: 36.37 36.37	150m:	250m:	350m:	
	100m: 1:17.30 40.93	200m: 2:39.20	300m: 4:02.16	400m: 5:25.21	

4° journée A district LNL
Crisnée, 30.11.2014

Epreuve 5, Filles, 400m Libre, 11 ans

Rang					AN					Temps	Pts
4.	Garraux Eva				03	Esn				5:31.66	355
	50m:	37.12	37.12	150m:	250m:	350m:					
	100m:	1:19.22	42.10	200m:	2:44.62	300m:	4:09.22	400m:	5:31.66		
5.	Fredj Nessrine				03	Huy				5:38.50	334
	50m:	36.19	36.19	150m:	250m:	350m:					
	100m:	1:17.85	41.66	200m:	2:44.74	300m:	4:12.86	400m:	5:38.50		
6.	Pisane Alisée				03	Val De Mehaigne Natation				5:39.16	332
	50m:	35.31	35.31	150m:	250m:	350m:					
	100m:	1:14.74	39.43	200m:	2:42.07	300m:		400m:	5:39.16		
7.	Fredj Erich				03	Huy				6:07.03	262
	50m:	40.23	40.23	150m:	250m:	350m:					
	100m:	1:25.77	45.54	200m:	2:59.13	300m:		400m:	6:07.03		
8.	Marti Ines				03	Liège Natation				6:23.59	229
	50m:	49.77	49.77	150m:	250m:	350m:					
	100m:	1:30.57	40.80	200m:	3:08.55	300m:		400m:	6:23.59		
9.	Materne Emma-Josephine				03	Liège Natation				6:38.31	205
	50m:	44.72	44.72	150m:	250m:	350m:					
	100m:	1:34.73	50.01	200m:	3:16.85	300m:		400m:	6:38.31		
10.	Polet Enora				03	Val De Mehaigne Natation				6:51.19	186
	50m:	45.19	45.19	150m:	250m:	350m:					
	100m:	1:36.26	51.07	200m:	3:22.58	300m:		400m:	6:51.19		
disq.	Jamotte Elise				03	Liège Natation				5:45.65	
	<i>sw 4.1 - Position du départ fautive</i>										
	50m:	38.82	38.82	150m:	250m:	350m:					
	100m:	1:22.36	43.54	200m:	2:47.07	300m:		400m:	5:45.65		

12 ans

1.	Pint Emelyne				02	Ch.Th.N.				4:58.04	489
	50m:	35.29	35.29	150m:	250m:	350m:					
	100m:	1:13.64	38.35	200m:	2:29.75	300m:		400m:	4:58.04		
2.	Baldo Kyliane				02	Esn				5:05.98	452
	50m:	33.37	33.37	150m:	250m:	350m:					
	100m:	1:10.63	37.26	200m:	2:28.29	300m:		400m:	5:05.98		
3.	Maka Emilie				02	Esn				5:08.55	441
	50m:	35.60	35.60	150m:	250m:	350m:					
	100m:	1:14.44	38.84	200m:	2:33.94	300m:		400m:	5:08.55		
4.	Schutz Alina				02	Esn				5:13.18	422
	50m:	35.34	35.34	150m:	250m:	350m:					
	100m:	1:14.05	38.71	200m:	2:34.61	300m:		400m:	5:13.18		
5.	ARGUN Linda				02	Schwimmschule St.Vith				5:24.41	379
	50m:	35.11	35.11	150m:	250m:	350m:					
	100m:	1:14.30	39.19	200m:	2:36.13	300m:		400m:	5:24.41		
6.	Limet Marie				02	Val De Mehaigne Natation				5:30.48	359
	50m:	35.35	35.35	150m:	250m:	350m:					
	100m:	1:15.74	40.39	200m:	2:39.68	300m:		400m:	5:30.48		
7.	Natalis Sarah				02	Ch.Th.N.				5:35.75	342
	50m:	37.19	37.19	150m:	250m:	350m:					
	100m:	1:18.60	41.41	200m:	2:44.40	300m:		400m:	5:35.75		
8.	Morhet Juliette				02	Val De Mehaigne Natation				5:38.07	335
	50m:	35.86	35.86	150m:	250m:	350m:					
	100m:	1:17.65	41.79	200m:	2:45.50	300m:		400m:	5:38.07		
9.	Wils Chloé				02	Ch.Th.N.				6:09.43	257
	50m:	38.49	38.49	150m:	250m:	350m:					
	100m:	1:22.66	44.17	200m:	2:57.43	300m:		400m:	6:09.43		

4° journée A district LNL
Crisnée, 30.11.2014

Epreuve 5, Filles, 400m Libre, 12 ans

Rang				AN		Temps	Pts
10.	Legros Diana			02	Ch.Th.N.	6:10.19	255
	50m:	41.14	41.14	150m:	250m:	350m:	
	100m:	1:28.73	47.59	200m:	300m:	400m:	6:10.19
				3:06.51			
13 ans							
1.	Garcia Zamora Salomé			01	Ch.Th.N.	4:50.05	531
	50m:	33.42	33.42	150m:	250m:	350m:	
	100m:	1:10.24	36.82	200m:	300m:	400m:	4:50.05
				2:24.05	3:36.92		
2.	Dumont Charlotte			01	Noc	4:55.26	503
	50m:	32.99	32.99	150m:	250m:	350m:	
	100m:	1:09.43	36.44	200m:	300m:	400m:	4:55.26
				2:23.54	3:39.32		
3.	Simon Ilona			01	Esn	4:56.08	499
	50m:	34.33	34.33	150m:	250m:	350m:	
	100m:	1:11.61	37.28	200m:	300m:	400m:	4:56.08
				2:25.83			
4.	Dulieu Leontine			01	Noc	4:56.55	497
	50m:	33.55	33.55	150m:	250m:	350m:	
	100m:	1:10.09	36.54	200m:	300m:	400m:	4:56.55
				2:25.06			
5.	Vannespenne Romane			01	Esn	5:08.47	441
	50m:	34.32	34.32	150m:	250m:	350m:	
	100m:	1:12.27	37.95	200m:	300m:	400m:	5:08.47
				2:30.56			
6.	Motten Emma			01	Liège Natation	5:09.36	437
	50m:	34.95	34.95	150m:	250m:	350m:	
	100m:	1:12.74	37.79	200m:	300m:	400m:	5:09.36
				2:31.81	3:52.07		
7.	Marion Gladys			01	Esn	5:10.73	432
	50m:	35.47	35.47	150m:	250m:	350m:	
	100m:	1:14.31	38.84	200m:	300m:	400m:	5:10.73
				2:33.47			
8.	Kellens Emmy			01	Huy	5:13.18	422
	50m:	33.90	33.90	150m:	250m:	350m:	
	100m:	1:12.98	39.08	200m:	300m:	400m:	5:13.18
				2:32.47			
9.	Beaujean Eve			01	Huy	5:33.44	349
	50m:	36.58	36.58	150m:	250m:	350m:	
	100m:	1:18.24	41.66	200m:	300m:	400m:	5:33.44
				2:45.01			
14 ans							
1.	Dumont Valentine			00	Noc	4:34.65	625
	50m:	30.55	30.55	150m:	250m:	350m:	
	100m:	1:04.03	33.48	200m:	300m:	400m:	4:34.65
				2:13.47	3:24.93		
2.	Godin Eline			00	Esn	4:53.94	510
	50m:	33.98	33.98	150m:	250m:	350m:	
	100m:	1:10.56	36.58	200m:	300m:	400m:	4:53.94
				2:25.33			
3.	Feuillen Justine			00	Esn	4:58.96	485
	50m:	34.46	34.46	150m:	250m:	350m:	
	100m:	1:11.35	36.89	200m:	300m:	400m:	4:58.96
				2:27.61	3:44.01		
4.	Talmasse Céline			00	Ch.Th.N.	5:20.17	395
	50m:	35.69	35.69	150m:	250m:	350m:	
	100m:	1:14.59	38.90	200m:	300m:	400m:	5:20.17
				2:36.04	3:58.85		
15 ans							
1.	Dawans Axelle			99	Pôle Swimming Liège	4:31.45	648
	50m:	30.84	30.84	150m:	250m:	350m:	
	100m:	1:04.19	33.35	200m:	300m:	400m:	4:31.45
				2:12.16			

4° journée A district LNL
Crisnée, 30.11.2014

Epreuve 5, Filles, 400m Libre, 15 ans

Rang					AN					Temps	Pts
2.	Jungling Florence				99	Pôle Swimming Liège				4:39.85	591
	50m:	31.18	31.18	150m:		250m:		350m:			
	100m:	1:05.92	34.74	200m:	2:17.87	300m:		400m:	4:39.85		
3.	Defraîne Claris				99	Esn				4:50.37	529
	50m:	31.52	31.52	150m:		250m:		350m:			
	100m:	1:06.89	35.37	200m:	2:21.13	300m:		400m:	4:50.37		
4.	Ogilvie Lara				99	Ch.Th.N.				4:58.49	487
	50m:	34.84	34.84	150m:		250m:		350m:			
	100m:	1:12.49	37.65	200m:	2:28.46	300m:	3:43.91	400m:	4:58.49		

16 ans

1.	Simon Fiona				98	Esn				4:44.77	561
	50m:	31.82	31.82	150m:		250m:		350m:			
	100m:	1:06.66	34.84	200m:	2:18.60	300m:	3:32.76	400m:	4:44.77		
2.	Nicole Chloe				98	Esn				4:50.18	530
	50m:	33.19	33.19	150m:		250m:		350m:			
	100m:	1:09.18	35.99	200m:	2:23.29	300m:		400m:	4:50.18		

17 - 18 ans

1.	Bulte Manon				97	Esn				4:40.83	585
	50m:	31.66	31.66	150m:		250m:		350m:			
	100m:	1:06.22	34.56	200m:	2:17.59	300m:		400m:	4:40.83		

19 ans et plus

1.	Piron Noémie				95	Esn				4:59.19	484
	50m:	34.86	34.86	150m:		250m:		350m:			
	100m:	1:12.52	37.66	200m:	2:29.12	300m:		400m:	4:59.19		