

Championnats de District LNL 2024
Seraing, 16 - 17/11/2024

Epreuve 13

Dames, 200m 4 nages

2013 et plus agés

16/11/2024 - 14:00

Liste résultats

11 ans Ben: 3:26.62 / 12 ans Ben: 3:16.47 / 13 ans Min: 3:08.95 / 14 ans Min: 3:04.65 / 15 ans Cad: 2:58.99 /
16 ans Cad: 2:54.23 / Jun: 2:52.63; 19 +: 2:46.09

Points: FINA 2004

Rang	AN		Temps	Pts	50m	100m	150m	200m		
Benjamines										
1.		DELSAER Cato	13	Liège Natation	3:04.85	360	41.27	46.36	57.71	39.51
2.		RINKIN Valentine	13	Mosan	3:07.96	342	44.01	47.61	57.15	39.19
3.		HIRTZ Jolene	13	SchwimmSchule Sankt Vith	3:08.62	338	41.67	46.39	56.28	44.28
4.		WISE Lilly	13	SchwimmSchule Sankt Vith	3:09.07	336	45.25	46.46	53.72	43.64
5.		AZZOUZI Layla	13	Royal Verviers Natation	3:09.17	335	44.92	49.39	54.80	40.06
6.		BARDI SAM-GIAO G.	13	Mosan	3:12.00	321	47.94	44.88	58.38	40.80
7.		PARDO Olivia	13	Perron	3:24.07	267	51.59	51.33	55.74	45.41

Bejamines

1.		CREMER Jenny	12	Triton Ans Natation	2:45.76	499	35.43	43.27	47.63	39.43
2.		SCHMIDT Eléa	12	Liège Natation	2:55.05	423	38.13	44.83	54.83	37.26
3.		DOHN Lilou	12	Namur Olympic Club	3:05.32	357	43.05	46.72	49.39	46.16
4.		GOKER Elanur	12	Ecole Seraing Natation	3:16.35	300	42.95	51.26	1:00.19	41.95

Minimes

1.		DELSAER Laurien	11	Liège Natation	2:36.47	593	34.61	39.69	48.11	34.06
2.		ABDELKHALEK Lina	11	Ecole de Natation Waremme	2:41.37	540	34.62	39.95	50.17	36.63
3.		SCHWALL Laurence	11	SchwimmSchule Sankt Vith	2:44.66	509	35.96	43.82	48.45	36.43
4.		DELARGE Claire	11	Perron	2:57.42	407	40.64	48.84	48.97	38.97
5.		MARCHAL Lauraline	11	Namur Olympic Club	2:57.50	406	40.25	43.19	55.55	38.51
6.		ZUIDEVELD Maria	11	SchwimmSchule Sankt Vith	2:57.71	405	38.81	45.11	54.49	39.30
7.		DIGNEFFE Shelly	11	Perron	2:59.28	394	44.58	43.31	50.94	40.45
8.		FONK Ella	11	SchwimmSchule Sankt Vith	3:05.38	356	41.25	45.81	1:00.00	38.32

Minimes

1.		FONTAINE Heloise	10	Namur Olympic Club	2:38.64	569	35.14	42.58	44.81	36.11
2.		POSSEN Olivia	10	Swimming Team Dison	2:39.15	563	36.58	39.76	47.06	35.75
3.		CARLOS DA SILVA I.	10	Liège Natation	2:39.26	562	35.18	42.30	45.85	35.93
4.		MARDAGA Anaïs	10	Liège Natation	2:42.60	528	35.79	40.88	51.22	34.71
5.		MENAGER Maiwenn	10	SchwimmSchule Sankt Vith	2:44.82	507	34.85	43.91	48.27	37.79
6.		JOHNEN Emma	10	Royal Verviers Natation	2:45.10	505	34.31	42.03	54.29	34.47
7.		LEUSCHEN Hanna	10	SchwimmSchule Sankt Vith	2:54.68	426	38.57	45.08	52.96	38.07
8.		POTIER Ludivine	10	Val De Mehaigne Natation	2:58.23	401	38.71	45.00	55.90	38.62

Cadettes

1.		PAQUES Typhanie	09	Liège Natation	2:32.73	637	34.42	37.39	48.02	32.90
2.		SEVRIN Clemence	09	Royal Verviers Natation	2:46.94	488	34.26	40.31	54.72	37.65
3.		RENARD Marie	09	Triton Ans Natation	3:08.21	341 *	42.82	47.48	55.06	42.85

2005 et plus agés

1.		MARION Gladys	01	Ecole Seraing Natation	2:33.65	626	34.05	38.57	46.88	34.15
2.		MAKA Emilie	02	Ecole Seraing Natation	2:42.58	528	37.37	41.82	46.78	36.61

Championnats de District LNL 2024
Seraing, 16 - 17/11/2024Epreuve 14
16/11/2024 - 14:15

Messieurs, 1500m Libre

2013 et plus agés
Liste résultats11 ans Ben: 22:44.96 / 12 ans Ben: 21:26.32 / 13 ans Min: 20:35.35 / 14 ans Min: 19:57.59 / 15 ans Cad: 19:46.81 /
16 ans Cad: 19:36.02 / Jun: 19:06.62; 19 +: 18:29.07

Points: FINA 2004

Rang			AN					Temps	Pts
Minimes									
1.	LAMBERT Noah		10	Liège Natation				17:25.45	615
	100m: 1:04.00	1:04.00	500m: 5:41.21	1:09.73	900m: 10:23.70	1:10.96	1300m: 15:07.33	1:11.16	
	200m: 2:12.56	1:08.56	600m: 6:51.80	1:10.59	1000m: 11:34.03	1:10.33	1400m: 16:18.37	1:11.04	
	300m: 3:21.78	1:09.22	700m: 8:02.33	1:10.53	1100m: 12:44.97	1:10.94	1500m: 17:25.45	1:07.08	
	400m: 4:31.48	1:09.70	800m: 9:12.74	1:10.41	1200m: 13:56.17	1:11.20			
2.	COUNARD Matéo		10	Ecole de Natation Waremme				17:54.47	566
	100m: 1:06.23	1:06.23	500m: 5:48.99	1:11.06	900m: 10:36.65	1:12.48	1300m: 15:28.77	1:12.95	
	200m: 2:15.85	1:09.62	600m: 7:00.21	1:11.22	1000m: 11:49.38	1:12.73	1400m: 16:42.25	1:13.48	
	300m: 3:26.73	1:10.88	700m: 8:12.14	1:11.93	1100m: 13:02.17	1:12.79	1500m: 17:54.47	1:12.22	
	400m: 4:37.93	1:11.20	800m: 9:24.17	1:12.03	1200m: 14:15.82	1:13.65			
3.	KHEDIMALLAH Rayan		10	Ecole de Natation Waremme				18:22.32	524
	100m: 1:07.86	1:07.86	500m: 6:01.44	1:13.77	900m: 10:56.48	1:14.09	1300m: 15:55.14	1:14.48	
	200m: 2:20.36	1:12.50	600m: 7:14.77	1:13.33	1000m: 12:10.31	1:13.83	1400m: 17:10.63	1:15.49	
	300m: 3:33.86	1:13.50	700m: 8:28.09	1:13.32	1100m: 13:26.03	1:15.72	1500m: 18:22.32	1:11.69	
	400m: 4:47.67	1:13.81	800m: 9:42.39	1:14.30	1200m: 14:40.66	1:14.63			
4.	GILLARD Sacha		10	Liège Natation				18:42.07	497
	100m: 1:09.97	1:09.97	500m: 6:08.42	1:15.25	900m: 11:10.38	1:15.71	1300m: 16:12.82	1:15.50	
	200m: 2:23.74	1:13.77	600m: 7:23.99	1:15.57	1000m: 12:25.68	1:15.30	1400m: 17:28.42	1:15.60	
	300m: 3:38.13	1:14.39	700m: 8:39.51	1:15.52	1100m: 13:41.66	1:15.98	1500m: 18:42.07	1:13.65	
	400m: 4:53.17	1:15.04	800m: 9:54.67	1:15.16	1200m: 14:57.32	1:15.66			
5.	NEZER Tom		10	Flipper Club Natation Saint-Georges				20:06.95	399 *
	100m: 1:13.46	1:13.46	500m: 6:37.08	1:21.92	900m: 12:02.68	1:20.86	1300m: 17:27.32	1:21.71	
	200m: 2:33.34	1:19.88	600m: 7:58.55	1:21.47	1000m: 13:24.19	1:21.51	1400m: 18:47.28	1:19.96	
	300m: 3:53.86	1:20.52	700m: 9:20.43	1:21.88	1100m: 14:45.26	1:21.07	1500m: 20:06.95	1:19.67	
	400m: 5:15.16	1:21.30	800m: 10:41.82	1:21.39	1200m: 16:05.61	1:20.35			
Cadets									
1.	STRUYS Gabriel		09	Swimming Team Dison				18:41.78	498
	100m: 1:05.01	1:05.01	500m: 5:59.40	1:14.76	900m: 11:00.51	1:15.87	1300m: 16:13.57	1:17.10	
	200m: 2:16.96	1:11.95	600m: 7:13.96	1:14.56	1000m: 12:22.58	1:22.07	1400m: 17:29.09	1:15.52	
	300m: 3:30.10	1:13.14	700m: 8:28.86	1:14.90	1100m: 13:39.12	1:16.54	1500m: 18:41.78	1:12.69	
	400m: 4:44.64	1:14.54	800m: 9:44.64	1:15.78	1200m: 14:56.47	1:17.35			
2.	MAKA Nicolas		09	Ecole Seraing Natation				18:50.27	486
	100m: 1:10.94	1:10.94	500m: 6:12.79	1:15.33	900m: 11:17.12	1:16.62	1300m: 16:19.90	1:16.38	
	200m: 2:25.96	1:15.02	600m: 7:28.66	1:15.87	1000m: 12:32.64	1:15.52	1400m: 17:35.24	1:15.34	
	300m: 3:41.71	1:15.75	700m: 8:44.40	1:15.74	1100m: 13:48.37	1:15.73	1500m: 18:50.27	1:15.03	
	400m: 4:57.46	1:15.75	800m: 10:00.50	1:16.10	1200m: 15:03.52	1:15.15			
3.	MONTEFORTE Noe		09	Ecole Seraing Natation				21:22.23	333 *
	100m: 1:16.14	1:16.14	500m: 6:56.01	1:25.40	900m: 12:39.15	1:26.31	1300m: 18:31.05	1:26.97	
	200m: 2:40.80	1:24.66	600m: 8:21.93	1:25.92	1000m: 14:07.32	1:28.17	1400m: 19:58.03	1:26.98	
	300m: 4:05.38	1:24.58	700m: 9:48.10	1:26.17	1100m: 15:35.10	1:27.78	1500m: 21:22.23	1:24.20	
	400m: 5:30.61	1:25.23	800m: 11:12.84	1:24.74	1200m: 17:04.08	1:28.98			

**Championnats de District LNL 2024**
Seraing, 16 - 17/11/2024Epreuve 15
16/11/2024 - 14:56

Filles, 400m Libre

Canetons
Liste résultats

Points: FINA 2004

Rang					AN					Temps	Pts	
1.	WÉGRIA Léa				14	Ecole de Natation Waremme				5:53.55	335	
	50m:	38.95	38.95	150m:	2:07.35	44.63	250m:	3:39.02	46.58	350m:	5:10.20	45.17
	100m:	1:22.72	43.77	200m:	2:52.44	45.09	300m:	4:25.03	46.01	400m:	5:53.55	43.35
2.	PONCELET Niene				14	Liège Natation				5:57.99	323	
	50m:	40.01	40.01	150m:	2:09.00	44.59	250m:	3:41.35	46.00	350m:	5:14.55	46.41
	100m:	1:24.41	44.40	200m:	2:55.35	46.35	300m:	4:28.14	46.79	400m:	5:57.99	43.44
3.	SCAGLIONE Louise				14	Liège Natation				6:01.15	315	
	50m:	39.23	39.23	150m:	2:10.92	46.41	250m:	3:43.86	46.39	350m:	5:18.08	47.34
	100m:	1:24.51	45.28	200m:	2:57.47	46.55	300m:	4:30.74	46.88	400m:	6:01.15	43.07
4.	GADEYNE Loréana				14	Swimming Team Dison				6:08.39	296	
	50m:	41.26	41.26	150m:	2:16.78	48.19	250m:	3:49.87	46.41	350m:	5:24.02	47.09
	100m:	1:28.59	47.33	200m:	3:03.46	46.68	300m:	4:36.93	47.06	400m:	6:08.39	44.37
5.	MORENO Noéline				14	Liège Natation				6:16.77	277	
	50m:	39.57	39.57	150m:	2:13.07	47.07	250m:	3:51.91	49.41	350m:	5:30.76	49.13
	100m:	1:26.00	46.43	200m:	3:02.50	49.43	300m:	4:41.63	49.72	400m:	6:16.77	46.01
6.	HILDESHEIM Maëllys				14	Swimming Team Dison				6:27.46	255	
	50m:	43.04	43.04	150m:	2:21.16	50.31	250m:	4:01.56	49.71	350m:	5:41.58	50.07
	100m:	1:30.85	47.81	200m:	3:11.85	50.69	300m:	4:51.51	49.95	400m:	6:27.46	45.88
7.	LAMY Louise				14	Flipper Club Natation Saint-Georges				6:27.71	254	
	50m:	42.39	42.39	150m:	2:18.13	48.23	250m:	4:04.05	1:01.04	350m:	5:43.08	47.92
	100m:	1:29.90	47.51	200m:	3:03.01	44.88	300m:	4:55.16	51.11	400m:	6:27.71	44.63
8.	MELLAERTS Lily				14	Cercle Nautique Cinacien Les F				6:32.52	245	
	50m:	43.90	43.90	150m:	2:22.37	49.87	250m:	4:03.07	50.68	350m:	5:45.22	51.25
	100m:	1:32.50	48.60	200m:	3:12.39	50.02	300m:	4:53.97	50.90	400m:	6:32.52	47.30
9.	D'INTINO Livia				14	Triton Ans Natation				6:34.42	242	
	50m:	43.77	43.77	150m:	2:24.27	50.27	250m:	4:05.86	51.01	350m:	5:46.93	50.32
	100m:	1:34.00	50.23	200m:	3:14.85	50.58	300m:	4:56.61	50.75	400m:	6:34.42	47.49
10.	DEGUELDRE Roxane				14	Cercle Nautique Cinacien Les F				6:46.01	221	
	50m:	44.02	44.02	150m:	2:29.74	51.70	250m:	4:16.65	53.77	350m:	6:02.41	52.89
	100m:	1:38.04	54.02	200m:	3:22.88	53.14	300m:	5:09.52	52.87	400m:	6:46.01	43.60
11.	PIRON Laure				14	Cercle Nautique Cinacien Les F				7:36.47	156	
	50m:	47.06	47.06	150m:	2:41.75	59.50	250m:	4:40.15	59.57	350m:	6:39.93	58.80
	100m:	1:42.25	55.19	200m:	3:40.58	58.83	300m:	5:41.13	1:00.98	400m:	7:36.47	56.54

Championnats de District LNL 2024
Seraing, 16 - 17/11/2024Epreuve 16
16/11/2024 - 15:45

Dames, 400m Libre

2013 et plus agés
Liste résultats11 ans Ben: 6:18.41 / 12 ans Ben: 5:59.34 / 13 ans Min: 5:45.22 / 14 ans Min: 5:37.15 / 15 ans Cad: 5:26.50 /
16 ans Cad: 5:17.51 / Jun: 5:14.35; 19 +: 5:02.44

Points: FINA 2004

Rang			AN						Temps	Pts		
Benjamines												
1.	RAFIOU Morayo		13		Triton Ans Natation				5:09.85	498		
	50m:	34.12	34.12	150m:	1:50.95	39.36	250m:	3:11.41	40.64	350m:	4:32.28	40.38
	100m:	1:11.59	37.47	200m:	2:30.77	39.82	300m:	3:51.90	40.49	400m:	5:09.85	37.57
2.	STAS Lorane		13		Liège Natation				5:10.64	494		
	50m:	34.61	34.61	150m:	1:52.31	39.23	250m:	3:11.88	40.08	350m:	4:31.76	39.90
	100m:	1:13.08	38.47	200m:	2:31.80	39.49	300m:	3:51.86	39.98	400m:	5:10.64	38.88
3.	VAN HOVE Pauline		13		Liège Natation				5:14.96	474		
	50m:	34.33	34.33	150m:	1:52.29	39.99	250m:	3:13.79	40.98	350m:	4:35.88	40.90
	100m:	1:12.30	37.97	200m:	2:32.81	40.52	300m:	3:54.98	41.19	400m:	5:14.96	39.08
4.	BARDI SAM-GIAO Gabrielle		13		Mosan				5:43.66	365		
	50m:	38.40	38.40	150m:	2:03.50	42.80	250m:	3:31.66	43.74	350m:	5:00.59	44.75
	100m:	1:20.70	42.30	200m:	2:47.92	44.42	300m:	4:15.84	44.18	400m:	5:43.66	43.07
5.	RINKIN Valentine		13		Mosan				5:46.19	357		
	50m:	40.48	40.48	150m:	2:08.45	44.22	250m:	3:37.69	44.26	350m:	5:04.17	42.57
	100m:	1:24.23	43.75	200m:	2:53.43	44.98	300m:	4:21.60	43.91	400m:	5:46.19	42.02
6.	TOUSSAINT Anaelle		13		Ecole Seraing Natation				6:04.90	305		
	50m:	39.02	39.02	150m:	2:10.18	46.27	250m:	3:44.34	47.52	350m:	5:19.30	47.97
	100m:	1:23.91	44.89	200m:	2:56.82	46.64	300m:	4:31.33	46.99	400m:	6:04.90	45.60
7.	PARDO Olivia		13		Perron				6:09.94	293		
	50m:	42.63	42.63	150m:	2:17.24	48.24	250m:	3:53.25	48.44	350m:	5:27.14	46.66
	100m:	1:29.00	46.37	200m:	3:04.81	47.57	300m:	4:40.48	47.23	400m:	6:09.94	42.80
8.	GABRIELE Marie		13		Ecole Seraing Natation				6:11.10	290		
	50m:	40.62	40.62	150m:	2:14.25	47.03	250m:	3:50.86	48.34	350m:	5:25.94	47.63
	100m:	1:27.22	46.60	200m:	3:02.52	48.27	300m:	4:38.31	47.45	400m:	6:11.10	45.16
Bejamines												
1.	GRENADE RAETS Lison		12		Perron				5:22.64	441		
	50m:	35.60	35.60	150m:	1:56.07	41.54	250m:	3:18.84	41.17	350m:	4:42.36	41.43
	100m:	1:14.53	38.93	200m:	2:37.67	41.60	300m:	4:00.93	42.09	400m:	5:22.64	40.28
2.	DORMAL Elise		12		Flipper Club Natation Saint-Georges				5:22.81	441		
	50m:	35.45	35.45	150m:	1:58.13	41.51	250m:	3:23.19	41.93	350m:	4:44.32	39.58
	100m:	1:16.62	41.17	200m:	2:41.26	43.13	300m:	4:04.74	41.55	400m:	5:22.81	38.49
3.	ABOUABDERRAHMANE Inès		12		Ecole de Natation Waremme				5:27.92	420		
	50m:	37.47	37.47	150m:	2:00.84	42.64	250m:	3:25.34	41.86	350m:	4:48.52	41.70
	100m:	1:18.20	40.73	200m:	2:43.48	42.64	300m:	4:06.82	41.48	400m:	5:27.92	39.40
4.	GOKER Elanur		12		Ecole Seraing Natation				6:00.80	316 *		
	50m:	39.18	39.18	150m:	2:11.32	45.66	250m:	3:43.60	44.71	350m:	5:17.03	46.97
	100m:	1:25.66	46.48	200m:	2:58.89	47.57	300m:	4:30.06	46.46	400m:	6:00.80	43.77
Minimes												
1.	ABDELKHALEK Lina		11		Ecole de Natation Waremme				4:53.26	588		
	50m:	32.40	32.40	150m:	1:46.60	37.17	250m:	3:00.82	37.01	350m:	4:16.09	37.26
	100m:	1:09.43	37.03	200m:	2:23.81	37.21	300m:	3:38.83	38.01	400m:	4:53.26	37.17

**Championnats de District LNL 2024
Seraing, 16 - 17/11/2024****Epreuve 16, Filles, 400m Libre, Minimes**

Rang	AN								Temps	Pts		
2.	THONET Julia		11		Perron		5:17.04		465			
	50m:	36.71	36.71	150m:	1:55.23	39.72	250m:	3:17.53	41.96	350m:	4:38.91	40.50
	100m:	1:15.51	38.80	200m:	2:35.57	40.34	300m:	3:58.41	40.88	400m:	5:17.04	38.13
3.	FONK Ella		11		SchwimmSchule Sankt Vith		5:42.43		369			
	50m:	38.33	38.33	150m:	2:04.80	43.38	250m:	3:33.35	44.36	350m:	5:01.19	43.47
	100m:	1:21.42	43.09	200m:	2:48.99	44.19	300m:	4:17.72	44.37	400m:	5:42.43	41.24

Minimes

1.	POTIER Ludivine		10		Val De Mehaigne Natation		5:14.90		475			
	50m:	35.53	35.53	150m:	1:54.39	40.21	250m:	3:16.16	41.37	350m:	4:36.44	39.96
	100m:	1:14.18	38.65	200m:	2:34.79	40.40	300m:	3:56.48	40.32	400m:	5:14.90	38.46
2.	GABRIELE Lucie		10		Ecole Seraing Natation		5:29.36		415			
	50m:	36.93	36.93	150m:	2:00.39	41.95	250m:	3:24.75	41.66	350m:	4:48.27	41.80
	100m:	1:18.44	41.51	200m:	2:43.09	42.70	300m:	4:06.47	41.72	400m:	5:29.36	41.09

Cadettes

1.	ROBERT Clara		09		Triton Ans Natation		5:03.70		529			
	50m:	34.42	34.42	150m:	1:50.06	38.51	250m:	3:07.86	39.05	350m:	4:25.84	39.11
	100m:	1:11.55	37.13	200m:	2:28.81	38.75	300m:	3:46.73	38.87	400m:	5:03.70	37.86



Championnats de District LNL 2024
Seraing, 16 - 17/11/2024

Epreuve 17
16/11/2024 - 16:05

Garçons, 100m Dos

Canetons
Liste résultats

: 1:49.14

Points: FINA 2004

Rang		AN		Temps	Pts	50m	100m
1.	DREZE Eliott	14	Ecole de Natation Waremme	1:26.54	242	41.91	44.63
2.	GILLES Timéo	14	Ecole Seraing Natation	1:33.00	195	44.61	48.39
3.	HAZARD Nathanael	14	Triton Ans Natation	1:35.21	182	45.99	49.22
4.	SCHROYEN Benjamin	14	Liège Natation	1:38.93	162	47.02	51.91
5.	VANDEBERGH Maxence	14	Ecole de Natation Waremme	1:40.49	155	48.30	52.19
disq.	WYDOOGHE Arnaud	14	Swimming Team Dison	1:32.66		45.56	47.10

SW 6.4 C - Au virage, le nageur a effectué plusieurs traction de bras.

Championnats de District LNL 2024
Seraing, 16 - 17/11/2024Epreuve 18
16/11/2024 - 16:08

Messieurs, 100m Dos

2013 et plus agés
Liste résultats11 ans Ben: 1:34.91 / 12 ans Ben: 1:28.52 / 13 ans Min: 1:23.79 / 14 ans Min: 1:19.60 / 15 ans Cad: 1:17.67 /
16 ans Cad: 1:16.47 / Jun: 1:14.74; 19 +: 1:09.53

Points: FINA 2004

Rang	AN		Temps	Pts	50m	100m		
Benjamins								
1.		BAMPS Martin	13	Perron	1:21.84	286	40.68	41.16
2.		FRAUENKRON Noé	13	SchwimmSchule Sankt Vith	1:22.47	280	40.42	42.05
3.		DUPUIS Clément	13	Perron	1:24.33	262	41.22	43.11
4.		DELARGE Edouard	13	Perron	1:25.85	248	41.88	43.97
5.		RENOUARD Mael	13	Liège Natation	1:30.53	211	44.80	45.73
6.		DETRY BEKAERT Nathan	13	Triton Ans Natation	1:36.45	175 *	48.08	48.37
Benjamins								
1.		SCHEPERS Thimothee	12	Perron	1:17.43	338	37.23	40.20
2.		DELANNOYE Tom	12	Perron	1:20.50	301	40.13	40.37
3.		ZAMBITO Mirko	12	Ecole Seraing Natation	1:28.61	225 *	42.09	46.52
Minimes								
1.		ALBORES-SANCHEZ Rafael	11	Perron	1:06.71	528	32.84	33.87
2.		LIBERT Timothee	11	Ecole Seraing Natation	1:15.16	369	36.15	39.01
3.		NETEN Hugo	11	Perron	1:19.82	308	38.70	41.12
4.		GILIS Arthur	11	Perron	1:22.66	278	40.19	42.47
Minimes								
1.		DOLNE Noah	10	Royal Verviers Natation	1:08.31	492	33.21	35.10
2.		MARCHOT Noé	10	Val De Mehaigne Natation	1:10.59	446	35.27	35.32
3.		DAVID Alan	10	Perron	1:10.90	440	35.09	35.81
4.		PIETTE Morgan	10	Perron	1:19.56	311	39.31	40.25
5.		JANS Ruben	10	Perron	1:19.57	311	38.96	40.61
6.		NEZER Tom	10	Flipper Club Natation Saint-Georget	1:22.39	280 *	40.57	41.82
Cadets								
1.		DERKENNE Mateo	09	Perron	1:03.11	624	30.60	32.51
2.		GREGOIRE Maxime	09	Ecole Seraing Natation	1:17.51	337	38.19	39.32
3.		DIGNEFFE Noah	09	Perron	1:17.97	331 *	37.86	40.11
Cadets								
1.		MESTDAGT Arnaud	08	Ecole Seraing Natation	1:05.20	566	31.73	33.47
2.		URBAIN Raphael	08	SchwimmSchule Sankt Vith	1:06.34	537	31.98	34.36
3.		VAN DE POEL William	08	Flipper Club Natation Saint-Georget	1:13.68	392	34.83	38.85
Juniors								
1.		ZEIMES Elric	07	Ecole Seraing Natation	1:04.85	575	31.54	33.31
2.		BAETS Ethan	07	Ecole Seraing Natation	1:13.58	394	35.70	37.88

Championnats de District LNL 2024
Seraing, 16 - 17/11/2024

Epreuve 19

Dames, 200m Dos

2013 et plus agés

16/11/2024 - 16:16

Liste résultats

11 ans Ben: 3:26.53 / 12 ans Ben: 3:15.73 / 13 ans Min: 3:07.73 / 14 ans Min: 3:03.16 / 15 ans Cad: 2:57.95 /

16 ans Cad: 2:53.64 / Jun: 2:50.92; 19 +: 2:44.47

Points: FINA 2004

Rang	AN		Temps	Pts	50m	100m	150m	200m	
Benjamines									
1.	STAS Lorane	13	Liège Natation	2:53.53	405	41.23	44.15	44.42	43.73
2.	GENOT Alix	13	Ecole de Natation Waremm	2:55.86	389	42.22	45.53	44.55	43.56
3.	DELSAER Cato	13	Liège Natation	3:00.67	359	41.47	46.34	47.09	45.77
4.	VANROYEN Jade	13	Ecole Seraing Natation	3:03.81	341	41.87	46.83	48.73	46.38
5.	EDIAR Marisa	13	Ecole Seraing Natation	3:18.72	270	46.89	51.41	51.58	48.84
Bejamines									
1.	CREMER Jenny	12	Triton Ans Natation	2:48.62	442	39.44	43.10	43.15	42.93
2.	GRENADE RAETS Lison	12	Perron	3:04.09	339	44.04	45.93	47.36	46.76
Minimes									
1.	WÉGRIA Elena	11	Ecole de Natation Waremm	2:29.51	633	34.07	37.41	39.28	38.75
2.	SCHWALL Laurence	11	SchwimmSchule Sankt Vith	2:41.69	501	38.48	41.02	41.43	40.76
3.	ABDELKHALEK Lina	11	Ecole de Natation Waremm	2:43.99	480	39.48	41.51	42.24	40.76
4.	ZUIDEVELD Maria	11	SchwimmSchule Sankt Vith	2:49.83	432	39.09	43.25	43.63	43.86
5.	DIGNEFFE Shelly	11	Perron	2:57.99	375	41.07	46.21	46.53	44.18
6.	DELARGE Claire	11	Perron	2:59.27	367	41.36	46.01	46.38	45.52
7.	PARISIS Nell	11	Ecole Seraing Natation	3:04.84	335	40.35	46.17	48.80	49.52
Minimes									
1.	DOHN Ninon	10	Namur Olympic Club	2:33.69	583	36.22	38.72	39.87	38.88
2.	POSSEN Olivia	10	Swimming Team Dison	2:37.68	540	37.21	40.47	40.37	39.63
3.	JOHNEN Emma	10	Royal Verviers Natation	2:40.63	511	37.88	40.96	41.53	40.26
4.	LARROZE Maëlys	10	Ecole Seraing Natation	2:49.19	437	38.67	43.25	44.53	42.74
5.	MENAGER Maïwenn	10	SchwimmSchule Sankt Vith	2:52.01	416	40.26	43.65	44.37	43.73
6.	LEUSCHEN Hanna	10	SchwimmSchule Sankt Vith	2:54.66	397	41.03	43.85	45.85	43.93
7.	LETEHEUX Lucie	10	Triton Ans Natation	2:56.71	384	42.70	44.88	45.17	43.96
8.	GABRIELE Lucie	10	Ecole Seraing Natation	2:58.20	374	42.52	44.63	46.13	44.92
9.	CAPE Valentine	10	Flipper Club Natation Saint	3:06.55	326 *	44.59	48.04	47.03	46.89
Cadettes									
1.	PAQUES Célya	09	Liège Natation	2:32.74	594	36.59	38.19	39.63	38.33
Cadettes									
1.	FRANKINET Margaux	08	Ecole Seraing Natation	2:46.73	457	37.84	41.80	43.62	43.47